

Ceredigion Championships - 11/10/2009 to 15/11/2009
Results - One

Event 1 Boys 10 & Under 200 SC Meter Backstroke

CgdnChamps: 3:04.69 % 2006		Emlyn Lewis		ABEY	
Name	Age	Team	Seed Time	Finals Time	
1 Palmer, Layton	10	Aberaeron SC	3:25.07	3:19.61	
2 Courtier Lilley, Teilo	10	Aberystwyth sc	NT	3:33.25	
3 Price, Gethin	10	Aberystwyth sc	NT	3:39.21	
4 Williamson-Evans, Jonah F	10	Aberystwyth sc	NT	4:00.00	

Event 1 Boys 11-12 200 SC Meter Backstroke

CgdnChamps: 2:32.27 % 2006		James Malkin		ADASC	
Name	Age	Team	Seed Time	Finals Time	
1 Watson, Tomos G	12	Aberystwyth sc	3:29.40	2:56.64	
2 Evans, Iwan	11	Aberaeron SC	3:08.94	3:01.78	
3 Williamson-Evans, Isaac	12	Aberystwyth sc	NT	3:09.34	
4 Owen, Kieron W	11	Aberystwyth sc	3:21.76	3:22.78	
5 Jones, Dylan	12	Aberystwyth sc	3:54.08	3:24.99	
6 Godfrey, Sam	12	Cardigan Swimming Team	NT	3:29.69	
7 Denham, Robin	11	Cardigan Swimming Team	3:41.29	3:30.20	
--- Glasser, Max	11	Aberystwyth sc	NT	DQ	

Past vertical at turn: non continuous turning action

Event 1 Boys 13-14 200 SC Meter Backstroke

CgdnChamps: 2:18.82 % 12/10/2008		James Malkin		ADASC	
Name	Age	Team	Seed Time	Finals Time	
1 Owen, Jamie V	14	Aberystwyth sc	2:54.11	2:49.16	
2 Hughes, Sion I	14	Aberystwyth sc	NT	3:27.15	

Event 2 Girls 10 & Under 200 SC Meter Backstroke

CgdnChamps: 3:00.34 % 2005		Carys Evans		ABEY	
Name	Age	Team	Seed Time	Finals Time	
1 Dingle, Nansi	10	Aberystwyth sc	3:40.42	3:29.41	
2 Pusey, Hannah	10	Cardigan Swimming Team	NT	3:32.11	
3 Prys-Jones, Heti	9	Aberaeron SC	NT	3:47.84	

Event 2 Girls 11-12 200 SC Meter Backstroke

Ceredigion Championships - 11/10/2009 to 15/11/2009**Results - One**

CgdnChamps:	2:33.56	%	14/10/2007	Carys Evans		ABEY	
Name	Age		Team		Seed Time	Finals Time	
1	Cody, Chelsey F		12	Aberystwyth sc		3:03.29	2:53.41
2	Thomas, Megan C		12	Aberaeron SC		2:57.67	3:01.26
3	Saunders, Bethany		11	Cardigan Swimming Team		3:10.88	3:12.17
4	Jones - Jarrams, Chloe M		11	Aberaeron SC		3:23.32	3:16.67
5	Phillips, Bethan		11	Cardigan Swimming Team		NT	3:32.56

Event 2 Girls 13-14 200 SC Meter Backstroke

CgdnChamps:	2:25.74	%	2005	Emilie Elliott		ABEY	
Name	Age		Team		Seed Time	Finals Time	
1	Jones-Jarrams, Christina		14	Aberaeron SC		2:36.00	2:40.11
2	Donnelly, Lowri		13	Aberystwyth sc		NT	2:57.86
3	Walker, Zoe		13	Aberystwyth sc		NT	3:01.47
4	Thomas, Elin S		14	Aberaeron SC		2:53.00	3:02.48
5	Bray, Amy S		14	Teifi Sharks Swimming Club		3:43.43	3:16.24
6	Dingle, Ruth		14	Aberystwyth sc		3:34.05	3:22.02

Event 2 Girls 15 & Over 200 SC Meter Backstroke

CgdnChamps:	2:23.34	%	14/10/2007	Emilie Elliott		ABEY	
Name	Age		Team		Seed Time	Finals Time	
1	Jones, Caryl M		16	Aberystwyth sc		2:43.11	2:52.45
2	Nicholson, Carey-Ann		35	Aberaeron SC		2:56.54	3:12.09

Event 3 Boys 8 & Under 25 SC Meter Freestyle

CgdnChamps:	18.49	%	2006	Iwan Evans		ABEY	
Name	Age		Team		Seed Time	Finals Time	
1	Price, Guto B		8	Aberystwyth sc		23.22	19.66
2	McAvoy, Jac		8	Aberaeron SC		NT	23.34
3	Pope, Kurtis		8	Teifi Sharks Swimming Club		NT	24.63

Event 4 Girls 8 & Under 25 SC Meter Freestyle

CgdnChamps:	18.85	%	2005	Hawys Hatley		ABEY	
Name	Age		Team		Seed Time	Finals Time	
1	Courtier Lilley, Maeve		8	Aberystwyth sc		23.36	19.28

Ceredigion Championships - 11/10/2009 to 15/11/2009**Results - One**

2	Lewis, Sioned	8	Newcastle Emlyn Flyers	NT	19.38
3	Mckenzie, Emily	8	Newcastle Emlyn Flyers	NT	19.98
4	Bowen, Efa S	8	Cardigan Swimming Team	NT	21.61
5	Nicholls, Elin M	8	Cardigan Swimming Team	30.34	21.64
6	Nicholson, Celyn	7	Aberaeron SC	26.41	21.97
7	Jones, Marian	7	Aberaeron SC	NT	30.35

Event 5 Boys 10 Year Olds 50 SC Meter Freestyle

CgdnChamps: 34.15 % 2006		Emlyn Lewis		ABEY	
Name	Age	Team	Seed Time	Finals Time	
1 Courtier Lilley, Teilo	10	Aberystwyth sc	38.37	36.00	
2 Nicholls, Dafydd	10	Cardigan Swimming Team	46.86	37.17	
3 Palmer, Layton	10	Aberaeron SC	39.34	38.08	
4 Price, Gethin	10	Aberystwyth sc	43.12	39.95	
5 Lewis, Dion	10	Newcastle Emlyn Flyers	NT	42.34	
6 Williamson-Evans, Jonah F	10	Aberystwyth sc	47.92	43.59	

Event 6 Girls 10 Year Olds 50 SC Meter Freestyle

CgdnChamps: 34.89 % 2005		Carys Evans		ABEY	
Name	Age	Team	Seed Time	Finals Time	
1 Dingle, Nansi	10	Aberystwyth sc	42.22	41.34	
2 Pusey, Hannah	10	Cardigan Swimming Team	50.05	41.71	
3 Jones, Megan	10	Aberaeron SC	NT	43.53	
4 Hieatt, Stella	10	Cardigan Swimming Team	NT	47.64	
5 Elliott, Jessica L	10	Teifi Sharks Swimming Club	NT	51.82	
6 Krueger, Ella	10	Cardigan Swimming Team	NT	57.58	

Event 7 Boys 11 Year Olds 100 SC Meter Butterfly

CgdnChamps: 1:23.87 % 14/10/2007		Emlyn Lewis		ABEY	
Name	Age	Team	Seed Time	Finals Time	
1 Evans, Iwan	11	Aberaeron SC	1:29.18	1:31.38	
2 Glasser, Max	11	Aberystwyth sc	2:08.47	1:48.59	
3 Denham, Robin	11	Cardigan Swimming Team	NT	1:55.16	

Ceredigion Championships - 11/10/2009 to 15/11/2009**Results - One**

--- Owen, Kieron W 11 Aberystwyth sc NT DQ

Did not bring arms forward over water

--- Michael, David Rhys R 11 Aberystwyth sc NT DQ

Did not touch wall with both hands simultaneously at turn and/or finish

Event 8 Girls 11 Year Olds 100 SC Meter Butterfly

CgdnChamps: 1:24.56 % 2006		Carys Evans		ABEY	
Name	Age	Team	Seed Time	Finals Time	
1 Saunders, Bethany	11	Cardigan Swimming Team	1:36.66	1:35.56	
2 Bray, Hannah V	11	Teifi Sharks Swimming Club	NT	1:45.91	
3 Phillips, Bethan	11	Cardigan Swimming Team	NT	1:52.65	
4 Jones - Jarrams, Chloe M	11	Aberaeron SC	1:55.38	1:52.94	
5 Evans, Sara	11	Aberaeron SC	2:09.20	1:58.05	
6 James, Angharad	11	Aberaeron SC	NT	2:07.25	

Event 9 Boys 8 & Under 100 SC Meter IM

Name	Age	Team	Seed Time	Finals Time	
1 McAvoy, Jac	8	Aberaeron SC	NT	2:17.08	
--- Price, Guto B	8	Aberystwyth sc	2:31.09	DQ	

Did not execute movement of both feet in same way - fly

Event 9 Boys 9 Year Olds 100 SC Meter IM

Name	Age	Team	Seed Time	Finals Time	
1 James, Benjamin	9	Cardigan Swimming Team	NT	1:41.88	
2 Michael, James	9	Aberystwyth sc	1:52.13	1:51.64	

Event 9 Boys 10 Year Olds 100 SC Meter IM

Name	Age	Team	Seed Time	Finals Time	
1 Courtier Lilley, Teilo	10	Aberystwyth sc	1:39.35	1:34.19	
2 Palmer, Layton	10	Aberaeron SC	1:41.22	1:35.83	
3 Nicholls, Dafydd	10	Cardigan Swimming Team	1:37.14	1:35.85	
4 Price, Gethin	10	Aberystwyth sc	1:52.67	1:47.48	
5 Lewis, Dion	10	Newcastle Emlyn Flyers	NT	1:57.96	
--- Williamson-Evans, Jonah F	10	Aberystwyth sc	NT	DQ	

Did not finish on back - back

Ceredigion Championships - 11/10/2009 to 15/11/2009
Results - One

Event 10 Girls 8 & Under 100 SC Meter IM

Name	Age	Team	Seed Time	Finals Time
1 Nicholls, Elin M	8	Cardigan Swimming Team	NT	2:06.27
2 Mckenzie, Emily	8	Newcastle Emlyn Flyers	NT	2:14.06
--- Courtier Lilley, Maeve	8	Aberystwyth sc	2:11.43	DQ
Did not touch wall with both hands simultaneously at turn and/or finish - breast				
--- Nicholson, Celyn	7	Aberaeron SC	NT	DQ
Did not touch wall with both hands simultaneously at turn and/or finish - breast				

Event 10 Girls 9 Year Olds 100 SC Meter IM

Name	Age	Team	Seed Time	Finals Time
1 Phillips, Menna	9	Cardigan Swimming Team	1:47.32	1:40.27
2 Davies, Lowri	9	Cardigan Swimming Team	1:55.07	1:47.99
3 Rogers, Chloe	9	Cardigan Swimming Team	NT	1:54.18
4 Glasser, Rebecca	9	Aberystwyth sc	2:05.52	2:01.14
--- Prys-Jones, Heti	9	Aberaeron SC	2:11.69	DQ
Did not bring arms forward and/or backward simultaneously - fly				
--- James, Georgina	9	Cardigan Swimming Team	NT	DQ
Did not execute movement of both feet in same way - fly				

Event 10 Girls 10 Year Olds 100 SC Meter IM

Name	Age	Team	Seed Time	Finals Time
1 Dingle, Nansi	10	Aberystwyth sc	1:43.42	1:41.51
2 Pusey, Hannah	10	Cardigan Swimming Team	2:02.44	1:46.76
3 Jones, Megan	10	Aberaeron SC	NT	1:58.03
--- Hieatt, Stella	10	Cardigan Swimming Team	NT	DQ
Did not touch wall with both hands simultaneously at turn and/or finish - breast				

Event 11 Boys 12 Year Olds 100 SC Meter Breaststroke

CgdnChamps: 1:28.49 % 12/10/2008 Ben Jones			ADASC	
Name	Age	Team	Seed Time	Finals Time
1 Watson, Tomos G	12	Aberystwyth sc	1:44.28	1:35.80
2 Williamson-Evans, Isaac	12	Aberystwyth sc	1:40.57	1:37.70
3 James, Oliver	12	Cardigan Swimming Team	1:50.48	1:52.56
4 Godfrey, Sam	12	Cardigan Swimming Team	NT	2:08.82

Ceredigion Championships - 11/10/2009 to 15/11/2009
Results - One

5 Jones, Dylan 12 Aberystwyth sc 2:19.56 2:08.85

Event 12 Girls 12 Year Olds 100 SC Meter Breaststroke

CgdnChamps: 1:22.17 % 2005		Cerian Davies		ADASC	
Name	Age	Team	Seed Time	Finals Time	
1 Cody, Chelsey F	12	Aberystwyth sc	1:28.98	1:30.13	
2 Thomas, Megan C	12	Aberaeron SC	1:39.71	1:39.76	
3 Burrill, Haf	12	Aberaeron SC	2:19.60	1:52.17	

Event 12 Girls 13 Year Olds 100 SC Meter Breaststroke

CgdnChamps: 1:21.43 % 2006		Cerian Davies		ADASC	
Name	Age	Team	Seed Time	Finals Time	
1 Donnelly, Lowri	13	Aberystwyth sc	1:33.44	1:33.75	
2 Walker, Zoe	13	Aberystwyth sc	1:37.04	1:34.04	

Event 13 Boys 14 Year Olds 100 SC Meter Butterfly

CgdnChamps: 1:05.96 % 2006		Joshua Harries		ADASC	
Name	Age	Team	Seed Time	Finals Time	
1 Owen, Jamie V	14	Aberystwyth sc	1:37.76	1:34.34	

Event 14 Girls 14 Year Olds 100 SC Meter Butterfly

CgdnChamps: 1:07.46 % 14/10/2007		Cerian Davies		ADASC	
Name	Age	Team	Seed Time	Finals Time	
1 Jones-Jarrams, Christina	14	Aberaeron SC	1:21.94	1:19.33	
2 Thomas, Elin S	14	Aberaeron SC	1:34.22	1:42.26	
3 Dingle, Ruth	14	Aberystwyth sc	1:47.73	1:44.86	
--- Bray, Amy S	14	Teifi Sharks Swimming Club	NT	DQ	

False start

Event 14 Girls 15 & Over 100 SC Meter Butterfly

CgdnChamps: 1:11.16 % 14/10/2007		Emilie Elliott		ABEY	
Name	Age	Team	Seed Time	Finals Time	
1 Jones, Caryl M	16	Aberystwyth sc	1:22.68	1:20.39	
2 Nicholson, Carey-Ann	35	Aberaeron SC	1:51.65	1:39.57	

Event 15 Boys 9 Year Olds 50 SC Meter Freestyle

CgdnChamps: 37.63 % 2005		Emlyn Lewis		ABEY	
Name	Age	Team	Seed Time	Finals Time	

Ceredigion Championships - 11/10/2009 to 15/11/2009**Results - One**

1	James, Benjamin	9	Cardigan Swimming Team	NT	39.07
2	Michael, James	9	Aberystwyth sc	44.70	42.20
3	Upton, Edward	9	Teifi Sharks Swimming Club	NT	50.89

Event 16 Girls 9 Year Olds 50 SC Meter Freestyle

CgdnChamps: 37.66 % 2006

Hawys Hatley

ABEY

Name	Age	Team	Seed Time	Finals Time
1 Phillips, Menna	9	Cardigan Swimming Team	NT	40.78
2 Davies, Lowri	9	Cardigan Swimming Team	46.93	43.93
3 Rogers, Chloe	9	Cardigan Swimming Team	NT	44.61
4 Prys-Jones, Heti	9	Aberaeron SC	NT	45.61
5 James, Georgina	9	Cardigan Swimming Team	NT	49.51
6 Fletcher, Megan	9	Cardigan Swimming Team	54.98	49.93
7 Glasser, Rebecca	9	Aberystwyth sc	50.48	54.74
8 Lawrance, Shanelle	9	Newcastle Emlyn Flyers	NT	55.49
9 Noakes, Angharad	9	Cardigan Swimming Team	NT	1:01.93