

**Ceredigion Long distance & Sprints - 08/11/2009****Results - Long course & Sprints****Event 1 Girls 9 & Under 200 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Phillips, Menna	9	Cardigan Swimming Team	NT	3:17.19
2 Lewis, Sioned	8	Newcastle Emlyn Flyers	NT	3:37.62
3 Nicholson, Celyn	7	Aberaeron SC	NT	3:46.63
4 McKenzie, Emily	8	Newcastle Emlyn Flyers	NT	3:49.54
5 Courtier Lilley, Maeve	8	Aberystwyth sc	NT	3:55.97
6 Nicholls, Elin M	8	Cardigan Swimming Team	NT	4:24.19

**Event 2 Boys 9 & Under 200 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 James, Benjamin	9	Cardigan Swimming Team	NT	3:20.24

**Event 5 Girls 10-11 400 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Phillips, Bethan	11	Cardigan Swimming Team	NT	6:15.30
2 Bray, Hannah V	11	Teifi Sharks Swimming Club	NT	6:20.62
3 Dingle, Nansi	10	Aberystwyth sc	7:37.32	6:46.79

**Event 5 Girls 12-13 400 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Cody, Chelsey F	12	Aberystwyth sc	5:38.74	5:33.53
2 Donnelly, Lowri	13	Aberystwyth sc	5:48.98	5:36.28
3 Walker, Zoc	13	Aberystwyth sc	NT	5:37.53
4 Elliott, Sarah-Ann	12	Teifi Sharks Swimming Club	7:03.07	6:30.07

**Event 5 Girls 14-15 400 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Bray, Amy S	14	Teifi Sharks Swimming Club	6:54.93	6:23.50

**Event 5 Girls 16 & Over 400 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Nicholson, Carey-Ann	35	Aberaeron SC	NT	5:43.37

**Event 6 Boys 10-11 400 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Courtier Lilley, Teilo	10	Aberystwyth sc	NT	6:17.22
2 Palmer, Layton	10	Aberaeron SC	6:40.89	6:18.31
3 Nicholls, Dafydd	10	Cardigan Swimming Team	NT	6:19.26
4 Denham, Robin	11	Cardigan Swimming Team	7:16.72	6:37.75
5 Davies, Morgan	10	Cardigan Swimming Team	NT	6:39.40

**Event 6 Boys 12-13 400 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Watson, Tomos G	12	Aberystwyth sc	NT	5:45.26
2 Thorogood, Oliver	13	Aberystwyth sc	6:14.70	6:03.62
3 James, Oliver	12	Cardigan Swimming Team	NT	6:51.22

**Event 6 Boys 14-15 400 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Parry, Dion T	15	Aberystwyth sc	6:12.33	5:48.93

**Event 9 Girls 10 & Under 50 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Pusey, Hannah	10	Cardigan Swimming Team	50.05	38.70
2 Phillips, Menna	9	Cardigan Swimming Team	NT	39.19
3 Davies, Lowri	9	Cardigan Swimming Team	46.93	42.22
4 Dingle, Nansi	10	Aberystwyth sc	42.22	42.41
5 Nicholls, Elin M	8	Cardigan Swimming Team	1:01.37	49.71

**Ceredigion Long distance & Sprints - 08/11/2009****Results - Long course & Sprints****(Event 9 Girls 10 & Under 50 SC Meter Freestyle)**

Name	Age	Team	Seed Time	Finals Time
6 Nicholson, Celyn	7	Aberaeron SC	NT	50.44
7 Courtier Lilley, Maeve	8	Aberystwyth sc	49.22	50.69
8 Pierse, Sally	10	Aberystwyth sc	58.78	50.97
9 Elliott, Jessica L.	10	Teifi Sharks Swimming Club	NT	52.47

**Event 9 Girls 11-12 50 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Cody, Chelsey F	12	Aberystwyth sc	32.43	32.72
2 Phillips, Bethan	11	Cardigan Swimming Team	38.38	35.59
3 Elliott, Sarah-Ann	12	Teifi Sharks Swimming Club	41.16	36.78
4 Bray, Hannah V	11	Teifi Sharks Swimming Club	44.05	38.21

**Event 9 Girls 13-14 50 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Donnelly, Lowri	13	Aberystwyth sc	33.29	33.43
2 Walker, Zoe	13	Aberystwyth sc	33.41	33.78
3 Bray, Amy S	14	Teifi Sharks Swimming Club	36.92	35.55

**Event 9 Girls 15 & Over 50 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Nicholson, Carey-Ann	35	Aberaeron SC	35.00	36.38

**Event 10 Boys 10 & Under 50 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Courtier Lilley, Teilo	10	Aberystwyth sc	36.23	35.03
2 Nicholls, Dafydd	10	Cardigan Swimming Team	46.86	37.22
3 James, Benjamin	9	Cardigan Swimming Team	NT	37.93
4 Palmer, Layton	10	Aberaeron SC	39.34	38.16
5 Davies, Morgan	10	Cardigan Swimming Team	42.54	38.41
6 Pope, Kurtis	8	Teifi Sharks Swimming Club	NT	53.82

**Event 10 Boys 11-12 50 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Watson, Tomos G	12	Aberystwyth sc	33.75	33.97
2 James, Oliver	12	Cardigan Swimming Team	44.24	37.41
3 Denham, Robin	11	Cardigan Swimming Team	41.53	39.22

**Event 10 Boys 13-14 50 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Thorogood, Oliver	13	Aberystwyth sc	36.22	34.44

**Event 10 Boys 15 & Over 50 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Parry, Dion T	15	Aberystwyth sc	32.61	32.06