

Avalon Sprint Open Meet 29th May 2010

Qualifying & Cut Off times

Times for 50m pool	Female Long Course								Male Long Course							
		9/10	10	11	12	13	14	15/O		9/10	10	11	12	13	14	15/O
50m Freestyle	c.o	33.60		31.70	29.70	28.80	27.80	26.80	c.o	32.60		31.70	29.70	28.70	26.80	24.90
	q.t	44.00		41.00	38.00	37.00	36.00	36.00	q.t	44.60		41.60	37.60	36.60	35.60	34.60
100m Freestyle	c.o		1:15.00	1:06.00	1:03.00	1:01.00	59.00	57.00	c.o		1:13.00	1:06.00	1:02.40	59.50	56.50	53.60
	q.t		1:47.00	1:30.00	1:26.00	1:22.00	1:20.00	1:18.00	q.t		1:42.00	1:30.00	1:23.00	1:20.50	1:17.50	1:14.00
200m Freestyle	c.o	2:35.00		2:25.00	2:15.00	2:12.00	2:08.00	2:04.00	c.o	2:38.50		2:27.00	2:16.00	2:11.00	2:05.80	1:57.00
	q.t	3:40.00		3:10.00	3:00.00	2:50.00	2:35.00	2:30.00	q.t	3:22.00		3:07.00	2:57.00	2:39.00	2:32.50	2:25.00
50m Backstroke	c.o	38.00		35.00	34.00	33.00	32.00	31.00	c.o	37.60		35.60	33.70	31.70	30.70	28.70
	q.t	52.00		48.00	45.00	44.00	42.00	40.00	q.t	52.40		48.40	45.50	42.50	40.50	38.50
100m Backstroke	c.o		1:25.00	1:10.00	1:08.00	1:07.00	1:05.00	1:03.00	c.o		1:21.00	1:11.00	1:09.20	1:06.20	1:03.30	59.40
	q.t		2:12.00	1:45.00	1:40.00	1:36.00	1:30.00	1:20.00	q.t		2:07.00	1:45.00	1:40.00	1:30.00	1:25.00	1:19.00
50m Breaststroke	c.o	43.00		40.00	37.00	36.00	35.00	35.00	c.o	42.70		39.70	36.90	35.70	33.90	31.00
	q.t	58.00		55.00	50.00	49.00	48.00	45.00	q.t	1:00.00		56.00	48.70	46.70	45.70	42.70
100m Breaststroke	c.o		1:36.00	1:21.00	1:18.00	1:15.00	1:13.00	1:12.00	c.o		1:31.00	1:21.50	1:18.50	1:15.80	1:11.80	1:06.90
	q.t		2:12.00	2:05.00	1:50.00	1:45.00	1:40.00	1:35.00	q.t		2:02.00	2:02.00	1:52.00	1:45.00	1:40.00	1:31.50
50m Butterfly	c.o	37.00		35.00	32.00	31.00	30.00	29.00	c.o	36.50		34.50	31.60	29.60	28.70	27.70
	q.t	50.00		48.00	46.00	44.00	42.00	40.00	q.t	50.40		47.70	45.40	42.50	40.50	38.50
100m Butterfly	c.o		1:26.00	1:11.00	1:09.00	1:07.00	1:05.00	1:03.00	c.o		1:21.00	1:11.50	1:09.50	1:05.50	1:02.20	1:00.30
	q.t		2:07.00	1:46.00	1:35.00	1:30.00	1:25.00	1:24.00	q.t		2:02.00	1:47.00	1:41.00	1:28.00	1:22.00	1:18.00
200m I.M.	c.o	2:58.00		2:45.00	2:33.00	2:30.00	2:25.00	2:20.00	c.o	3:00.00		2:47.00	2:30.60	2:20.60	2:14.80	2:11.00
	q.t	4:06.00		3:20.00	3:15.00	3:10.00	3:05.00	3:00.00	q.t	4:08.00		3:32.00	3:17.00	3:12.00	3:02.50	2:52.50